

MENU

Jan29
MONDAY

- A. 黨參蓮子麥米棗仁圓肉螺片竹絲雞湯 (消脂解毒)
Chicken Soup with dangshen, lotus seed, red date, dried longan, sliced whelk.
- B. 冬菇蓮子淮山粟子馬蹄甘筍薯仔紅棗素菜湯 (清心潤燥)
Vegetarian soup with mushroom, lotus seed, chinese yam, chestnut, water chestnut, carrot, potato and red date
- 鮑汁杞子木耳炒雞柳 Stir-fried sliced chicken with abalone sauce with wolfberries and fungus
 - 京都洋蔥豬扒 Pork Chop and onion with Sweet and sour sauce
 - 南乳雞啤菇節瓜素肉絲飯 Vegetarian meat with hairy gourd, mushrooms
 - 金粟蓮藕蒸肉餅飯 Steam Minced Pork Patty with lotus And corns Mixed



Jan30
TUESDAY

- A. 花膠蟲草菌淮山杞子粟子紅腰豆蜜棗陳皮豬骨鷓鴣湯
Partridge Soup with fish maw, cordyceps sinensis, wolfberry, chestnuts, red kidney bean, candied date, dried orange peel and bones.
- B. 螺片陳腎土茯苓赤小豆扁豆粟米陳皮煲豬展
Pork Shank soup with Sliced Whelk, Duck kidney, corns, chan pi, red bean, thin bean and Rhizoma Smilacis Glabrae.
- 冬菇蒸雞飯 Steamed Chicken with Mushroom
 - 椰香咖喱龍利柳飯 Coco nut curry fish side with rice
 - 廈門炒米 Fried Vermicelli with Sweet and Sour sauce
 - 菜脯馬蹄蒸肉餅飯 Steam Minced Pork Patty with water chestnut and preserved vegetable

- A. 花旗參螺頭玉竹麥冬雪耳杞子圓肉蘋果煲雞湯 (益氣生津)
Chicken soup with american ginseng, whelk, Yuzhu, Maidong, white fungus, wolfberry and apple

- B. 猴頭菇羅漢果雪耳粟米栗子甘筍素菜湯 (清肝潤燥)
Vegetarian soup with monkey head mushroom, white fungus, corn, carrot and chestnut

- 芝麻香蜜雞翼飯 Chicken wing cooked with honey and sesame
- 醬爆蓮藕肉片飯 Fried sliced pork with lotus and brown sauce
- 菠蘿咕嚕茄子薯仔配鮮茄炒飯 Eggplant and potato in sweet sour sauce side with pineapple and tomato rice
- 北菇蒸肉餅飯 Steamed minced pork patty with mushroom



是日十五

Feb1
THURSDAY

- A. 花膠太子參北芪淮山蓮子圓肉紅棗煲雞湯 (強健補氣)
Chicken soup with fish maw, pseudostellaria heterophylla, astragali, wild yam, lotus seed, dried longan and red date
- B. 螺頭百合杞子牛蒡粟米甘筍陳皮斑魚煲瘦肉湯 (養心安神)
Fish soup with whelk, lily, wolfberry, Burdock, corn, carrot and dried orange peel
- 貴妃薑蔥雞扒飯 Chicken with ginger and onion sauce
 - 秘制無錫骨配菜飯 Wuxi pork ribs with rice mixex with vegetable
 - 三色蒸水蛋 Steam egg with diced salted egg and preserved egg
 - 土魷雞粒蒸肉餅飯 Steam minced pork patty with diced chicken and squid

Feb2
FRIDAY

- A. 象拔蚌螺頭瑤柱淮山蓮子茨實杞子圓肉紅棗煲竹絲雞湯 (增強體質)
Chicken soup with Conch, Geoduck, Dried Scallop, Yam, lotus seed, Euryale ferox, wolfberry, dried longan and red date.
- B. 瑤柱螺片霸王龍皇杏無花果佛手瓜煲瘦肉湯 (潤肺清熱)
Pork soup with dried scallop sliced whelk, King spent, Fig and Chayote
- 咕嚕雞球飯 Chicken Leg Chops with Sweet and Sour sauce
 - 台式肉燥飯配滷水蛋 Taiwanese tastes minced pork rice with Marinated Egg
 - 麻婆雞粒豆腐飯 Diced chicken cooked with bean curd and chili oil
 - 臘腸蒸肉餅飯 Steamed minced pork patty with Chinese Sausage

MENU

Feb5
MONDAY

- A. 花膠鮑片沙蔘玉竹百合麥冬雪梨蘋果豬展煲雞湯 (清心潤燥)
Chicken Soup with Fist maw, Ophiopogon japonicus, abalone, Lilly, pear, apple and pork
- B. 西洋菜羅漢果南北杏杞子紅蘿蔔粟米紅棗陳皮素菜湯 (清燥潤肺)
Vegetarian soup with watercress, almond, wolfberry, red date, corn and orange peel.
- 洋蔥瑞士汁雞扒 Chicken with sweets sauce and onion
 - 蒜香蜜汁薯仔肉片飯 Sliced pork with potato cooked with honey sauce and garlic
 - 雲耳什菌炊伊麵(素) Vegetarian Black fungus mushroom fried with noodles
 - 咸蛋蒸肉餅飯 Steam minced pork patty with Salty Egg.



Feb6
TUESDAY

- A. 象拔蚌鮑片瑤柱椰子雪耳杞子紅棗煲竹絲雞 (潤肺養顏)
Chicken soup with sliced abalone, dried scallop, coconut, white fungus, wolfberry and red date
- B. 瑤柱鮑片節瓜章魚南北杏蜜棗豬骨湯 (增強體質)
Pork Bone soup with dried scallop abalone, octopus, apricot kernel, honey date, apple cucumber
- 粟米磨菇雞皇飯 Chicken rice with mushroom and corn
 - 鎮江豬軟骨配菜飯 Rice mixed with Vegetable top with Pork soft bone in Sweet and sour vinegar sauce
 - XO醬茄子肉碎飯 Eggplant with mince in XO sauce
 - 梅菜蒸肉餅飯 Steam minced pork patty with preserved vegetable

- A. 花膠瑤柱鮑片杜仲鹿腳筋紅腰豆圓肉煲雞 (強筋健骨)
Chicken soup with fish maw, sliced abalone, tendon of deer's leg, red kidney bean and pork shank

- B. 燕窩銀耳杏汁海底椰冰汁糖燉鮮奶 (養血美肌)
Steam Milk with Bird nest, Coconut juice, sea cocunut

- 洋蔥豆瓣醬爆雞球飯 Fried chicken with onion and thick broad-bean sauce
- 香橙芝麻龍利柳 Fish Fillet with sesame Orange Sauce
- 蠔皇金菇肉鬆豆腐飯 Bean curd cooked with Enoki Mushroom and minced pork in oyster sauce
- 章魚馬蹄蒸肉餅飯 Steamed minced pork patty with water chestnut and dried octopus

Feb7
WEDNESDAY

- A. 鮑片瑤柱黨參北芪圓肉杞子紅棗豬尾骨煲雞 (補氣補血)
Chicken Soup with Abalone, Dried Scallop, Pork Tail, Dong Sum, Red Date, jujube and wolfberry

- B. 瑤柱螺片木瓜雪耳無花果南北杏蘋果煲豬展 (潤燥生肌)
Pork shank soup with dried scallop, papaya, white fungus, apple and almond

- 花雕杞子蒸滑雞 Chicken steam with wolfberries
- 大白菜獅子頭 Meat ball rice with Chinese cabbage & sauce
- 臘味糯米飯 Glutinous rice with Chinese sausage
- 茶樹菇蓮藕蒸肉餅飯 Steamed minced pork patty with tea plant mushroom and lotus

Feb8
THURSDAY

- A. 花膠鮑片靈芝猴頭菇舞茸黃豆豬展煲雞 (健脾益氣)
Chicken Soup with Dried Scallop, Fish maw, reishi mushroom, Monkey head mushroom, maitake mushroom, soya bean, pork shank
- B. 螺片海底椰無花果龍皇杏藕果百合粟米栗子煲豬展 (清肝潤肺)
Pork soup with Saussurea involucrata, Ficus carica, apple, lotus and corns

- 節瓜雲耳炒雞 Chicken cooked with hairy gourd and black fungus
- 蜜味蒜香豬扒飯 Honey pork chop with fried garlic
- 洋蔥叉燒炒蛋配白飯 Fried egg with BBQ pork and onion
- 金針雲耳蒸肉餅飯 Steamed Minced pork patty with black fungus and vegetable

Feb9
FRIDAY

MENU

Feb12
MONDAY

- A. 象拔蚌鮑片墨魚乾陳皮蓮藕花生無花果雞胸肉湯(滋補肝腎)
Chicken chest meat soup with Dried octopus, dried orange peel, fig, peanut, lotus
- B. 象掌瓜冬菇茶樹菇紅蘿蔔粟米栗子素菜湯
Vegetarian soup with Chayote, mushroom, tea plant mushroom, carrot, corn and chestnut.
1. 西檸柚汁蜜桃雞球飯 Sliced chicken with peach in lemon and grapefruit sauce
 2. 紅燒豆腐炆火腩飯 Fried bean curd cooked with with fish fillet
 3. 梅菜素肉絲豆腐飯 Bean curd cooked with perserved vegetable and vegetarian pork
 4. 冬菇馬蹄蒸肉餅飯 Steam Minced Pork Patty with water chestnut and Mushroom

Feb13
TUESDAY

- A. 花膠瑤柱鮑片金華火腿竹筍雪耳煲雞 (健胃養顏)
Chicken Soup with Chinese Ham, Fish Mew, dried scallop Chinese ham with winter melon
- B. 瑤柱螺頭五指毛桃蓮藕百合陳皮煲豬展 (健脾化濕)
Pork Soup with Dried scallop, lotus root, lilly, dried orange peel, hairy mountain fig.
1. 蜜汁黑椒雞翼飯 Chicken wings with black pepper and honey sauce
 2. 瑞士汁洋蔥豬仔扒飯 Pork Chop with Sweet sauce and onion side with rice
 3. 瑤柱肉鬆蒸水蛋 Steam egg and Dried scallop with Minced port and mushroom
 4. 土魷馬蹄蒸肉餅飯 Steam minced pork patty with squid and water chestnut

Feb14
WEDNESDAY

- A. 蟲草花螺頭淮山杞子紅棗陳皮紅蘿蔔煲雞湯(補腎護肝)
Chicken Soup with dried scallop, Cordyceps flowers, red date, Wolfberries, dried orange peel and carrot
- B. 象拔蚌羅漢果白菜菜乾蓮子百合陳腎南北杏瘦肉煲豬肺 (清肝潤肺)
Pork Lung Soup with dried scallop, red date, dried vegetable, Siraitia grosvenorii
1. 臘腸蒸滑雞飯 Steam Chicken with chinese sausage
 2. 家鄉煎藕餅飯 Pan fried Minced Pork Patty with lotus root
 3. 瑤柱雞粒荷葉飯 Fried Rice with dried scallop and diced chicken in Lotus Leaf
 4. 咸魚蒸肉餅飯 Steam minced pork patty with salty fish

Feb15
THURSDAY

CHINESE NEW YEAR HOLIDAY

Feb16
FRIDAY

CHINESE NEW YEAR HOLIDAY

MENU

Feb19
MONDAY

CHINESE NEW YEAR HOLIDAY

Feb20
TUESDAY

CHINESE NEW YEAR HOLIDAY

Feb21
WEDNESDAY

- A. 花膠瑤柱黨蔘北其蟲草圓肉杞子紅棗豬展煲雞(行氣補血)
Chicken soup with dried scallop, fish maw, radix codonopsis, dried longan, red date, wolfberry and pork
- B. 燕窩銀耳杏汁海底椰汁冰糖燉鮮奶(養血美肌)
Steam Milk with Bird nest, Coconut juice, sea coconut
1. 葡國薯仔雞翼飯 Chicken wings with potato in Portuguese style
 2. 上海排骨菜飯 Pork Rib with Vegetable mixed rice in Shanghai style
 3. 雲耳炸菜炒茄子 Eggplant cooked with black fungus and preserved vegetable
 4. 蟲草花蒸肉餅 蒸肉餅 Steamed minced pork patty with Cordyceps flowers

Feb22
THURSDAY

- A. 螺片栗子合桃蓮藕無花果黑豆紅棗陳皮煲雞湯(補益脾胃)
Chicken soup with dried scallop chest nut walut lotus root fig black bean red date and dried orange peel.
- B. 西洋菜瑤柱螺片陳腎甘筍粟米南北杏陳皮煲西施骨(清肝潤燥)
Pork bone soup with Watercress, dried scallop, sliced whelk, carrot, corn, dried duck kidney, almond, dried orange peel.
1. 越式香茅雞扒 chicken fillet lemon grass in Vietnamese Style
 2. 支竹味菜炒肉片 Bean curd skin fried with preserved vegetable and sliced pork
 3. 蝦仁火腿炒蛋 Fried egg with ham and shrimp
 4. 炸菜馬蹄蒸肉餅飯 Steam Minced Pork Patty with water chestnut and fried vegetable

Feb23
FRIDAY

- A. 花膠瑤柱淮山茨實蓮子百合紅棗陳皮甘筍煲雞(保健強身)
A. Chicken Soup with Fish maw, carrot, Lilly, red date, lotus seed, dried scallop and dried orange peel
- B. 鮑片赤芝川貝枇杷葉蘋果無花果螺片南北杏煲瘦肉(清喉潤肺)
Pork soup with sliced abalone, ganoderma lucidum, apple, conch and dried figs
1. 金針雲耳蒸雞飯 Steam Chicken with black fungus
 2. 咸魚蓮藕煎肉餅 Pan fry minced patty with lotus and Salty fish
 3. 粟米鮮茄雞絲燴意粉 Spaghetti side with sliced chicken, tomato and corn
 4. 章魚雞粒蒸肉餅飯 Steamed Minced pork patty cooked with octopus and diced chicken