


MENU

- A. 鮑片赤小豆扁豆生熟薏米螺頭老雞煲冬瓜湯 (清熱降火)
Chicken Soup with sliced abalone, red bean, Semen Coicis Winter Melon
- B. 白菜菜乾紅蘿蔔粟米紅棗陳皮素菜湯 (清熱潤肺) 
Vegeterian soup with preserved vegetable carrot, corn, chinese red date, dried orange peel

Sep 11
MONDAY

1. 花雕杞子蒸滑雞飯 Chicken steam with wolfberries
2. 香橙芝麻龍利柳蝦飯 Fish Fillet with sesame Orange Sauce
3. 什菌素肉絲炆茄子飯 Boiled assorted mushrooms with Vegetarian meat and Eggplant 
4. 金粟蓮藕蒸肉餅飯 Steam Minced Pork Patty with lotus And corns Mixed

- A. 花膠鮑片靈芝猴頭菇羊茸黃豆豬展煲雞 (健脾益氣)
Chicken Soup with Dried Scallop, Fish maw, reishi mushroom, Monkey head mushroom, maitake mushroom, soya bean, pork shank
- B. 螺片海底椰無花果龍皇杏蘋果百合粟米栗子煲豬展 (清肝潤肺)
Pork soup with Saussurea involucreta, Ficus carica,apple,lotus and corns

Sep 12
TUESDAY

1. 葡國薯仔雞飯 Chicken wings with potato in Portuguese style
2. 泰式蘑菇肉燥飯 Thai-style minced pork rice with mushroom
3. 上海雲耳肉絲粗炒 Shanghaiese Stir-fried Noodles with black fungus and sliced pork
4. 土魷雞粒蒸肉餅飯 Steam minced pork patty with diced chicken and squid

- A. 鮑片栗子合桃蓮藕無花果黑豆紅棗陳皮煲雞湯 (健益脾胃)
Chicken soup with dried scallop chest nut walut lotus root fig black bean red date and dried orange peel

- B. 燕窩銀耳杏汁海底椰冰糖燉鮮奶 (養血美肌)
Steam Milk with Bird nest, Coconut juice, sea coconut

1. 咕嚕雞球飯 Chicken Leg Chops with Sweet and Sour sauce
2. 醬爆蓮藕肉片飯 Thai-style minced pork rice with mushroom
3. 三色蒸水蛋飯 Steam egg with diced salted egg and preserved egg
4. 蟲草花蒸肉餅飯 Steamed minced pork patty with Cordyceps flowers

Sep 13
WEDNESDAY

- A. 花膠草淮山杞子栗子紅腰豆蜜棗陳皮豬骨鷓鴣湯 (保健強身)
Partridge Soup with fish maw, cordyceps sinensis, wolfberry, chestnuts, red kidney bean, candied date, dried orange peel and bones.

- B. 瑤柱鮑片節瓜章魚南北杏蜜棗豬骨湯 (增強體質)
Pork Bone soup with dried scallop abalone, octopus, apricot kernel, honey date, apple cucumber

1. 秘制亞麻雞扒飯 Chicken fillet with special sauce
2. 洋蔥京都豬扒飯 Pork Chop and onion with Sweet and sour sauce
3. 麻婆雞粒豆腐飯 Diced chicken cooked with bean curd and chili oil
4. 冬菇馬蹄蒸肉餅飯 Steam Minced Pork Patty with water chestnut and Mushroom

Sep 14
THURSDAY

- A. 象拔蚌螺頭瑤柱淮山蓮子茨實杞子圓肉紅棗煲竹絲雞湯 (增強體質)
Chicken soup with Conch, Geoduck, Dried Scallop, Yam, lotus seed, Euryale ferox, wolfberry, dried longan and red date.

- B. 瑤柱螺片木瓜雪耳無花果南北杏蘋果煲豬展湯 (潤燥生肌)
Pork shank soup with dried scallop, papaya, white fungus, apple and almond

1. 泰式香茅雞翼飯 Chicken Wings with lemon grass in Thai Style
2. 秘制無錫骨配菜飯 Wuxi pork ribs with rice mixex with vegetable
3. 豉油皇叉燒炒麵 fried noodles with soy sauce and BBQ pork
4. 章魚蒸肉餅飯 Steamed minced pork patty with dried octopus with rice

Sep 15
FRIDAY

- A. 花膠瑤柱鮑片杜仲鹿腳筋紅腰豆圓肉煲雞湯 (強筋健骨)
Chicken soup with fish maw, sliced abalone, tendon of deer's leg, red kidney bean and pork shank
- B. 老黃瓜螺片陳腎土茯苓赤小豆扁豆粟米陳皮煲豬展 (消熱去濕)
Pork Shank soup, with Yellow Cucumber, chan pi, ducky kidney, red bean, corns, Rhizoma Smlaicis Glabrae.

Sep 18
MONDAY

1. 香橙煎軟雞飯 Fried chicken with Orange sauce
2. XO醬瓜金菇炒肉片飯 Sliced pork with zucchini and XO sauce
3. 涼瓜肉碎炒蛋配白飯 Fried egg with Bitter Melon and minced pork
4. 梅菜蒸肉餅飯 Steam minced pork patty with preserved vegetable

- A. 花旗參螺頭玉竹麥冬雪耳杞子圓肉蘋果煲雞湯 (益氣生津)
Chicken soup with american ginseng, whelk, Yuzhu, Maidong, snow fugus, date and apple
- B. 蟲草花螺片茶樹菇粟米南北杏陳皮煲豬展湯 (滋肺補腎)
Pork soup with dry scallop tea plant mushroom, corn, Cordyceps flowers, dried orange peel and almond

Sep 19
TUESDAY


1. 蜜汁黑椒雞翼飯 Chicken wings with black pepper and honey sauce
2. 粟米魚柳飯 Fish Fillet with Corn soup
3. 蒜茸雞粒滑豆腐飯 Diced Chicken with Bean Curd and Garlic sauce
4. 咸蛋蒸肉餅飯 Steam minced pork patty with Salty Egg

- A. 花膠瑤柱黨參北芪蟲草圓肉杞子紅棗豬展煲雞湯 (行氣補血)
Chicken soup with dried scallop, fish maw, radix codonopsis, dried longan, red date, date, and pork

- B. 冬菇蓮子淮山栗子馬蹄甘筍薯仔紅棗素菜湯 (清心潤燥) 
Vegeterian soup with mushroom, lotus seed, chinese yam, chestnut, water chestnut, carrot, potato and red date

Sep 20
WEDNESDAY

是日初一

1. 洋葱豆瓣醬爆雞球飯 Fried chicken with onion and thick broad-bean sauce
2. 家鄉煎藕餅飯 Pan fried Minced Pork Patty with lotus root
3. 南乳羅漢齋飯 Chinese Vegeterian food with red bean curd sauce side with rice 
4. 金粟冬菇蒸肉餅飯 Steam Minced Pork Patty with corns and mushroom

- A. 象拔蚌鮑片墨魚乾陳皮蓮藕花生無花果雞胸肉湯 (滋補肝腎)
Chicken chest meat soup with Dried octopus, dried orange peel, fig, peanut, lotus
- B. 五果杏仁豬肺魚翅骨湯(五果:蘋果,雪梨,無花果,白果,紅棗)(清熱降火)
Pork Lung with almond, apple, fig, Chinese date and ginkgo

Sep 21
THURSDAY

1. 藕片木耳炒雞柳配白飯 Sliced chicken fried with lotus
2. 椰香咖喱豬軟骨配菜飯 Curry softbone with rice mixed with vegetable
3. XO醬炒菜肉絲炆米 Fried vermicelli with XO sauce
4. 章魚馬蹄蒸肉餅飯 Steamed minced pork patty with water chestnut and dried octopus


- A. 花膠瑤柱淮山茨實蓮子百合紅棗陳皮甘筍煲雞 (保健強身)
Chicken Soup with Fish maw, carrot, Lilly, red date, lotus seed, dried scallop and dried orange peel

- B. 鮑片赤芝川貝枇杷葉蘋果無花果螺片南北杏煲瘦肉 (清喉潤肺)
Pork soup with sliced abalone, ganoderma lucidum, apple, conch and dried figs


Sep 22
FRIDAY

1. 鮑汁紅棗蒸雞飯 Steam Chicken and red date with abalone sauce
2. 瑞士汁洋蔥豬扒飯 Pork Chop with Sweet sauce
3. 肉鬆蒸水蛋配紅米飯 Steam egg with Minced pork and mushroom side with red cargo rice
4. 咸魚蒸肉餅飯 Steam minced pork patty with salty fish

MENU

- A. 象拔蚌瑤柱木瓜花生眉豆淮山茨實豬展煲雞湯 (滋陰補腎)
Chicken soup Shark bone, with conch, peanut, papaya Euryale fero and pork shank
- B. 合掌瓜冬菇紅蘿白粟米栗子腰果素菜湯 (健脾消脂)  素
Vegetarian soup with Chayote, mushroom, tea plant mushroom, carrot, corn and chestnut.

Sep25
MONDAY

1. 蒜香腐乳蒸雞翼飯 Steam Chicken wings with fermented bean curd sauce and garlic
2. 台式肉燥飯配水蛋 Taiwanese tastes minced pork rice with Marinated Egg
3. 菠蘿咕嚕素雞飯 Vegetarian chick with sweet and sour sauce  素
4. 菜脯馬蹄蒸肉餅飯 Steam Minced Pork Patty with water chestnut and preserved vegetable

- A. 花膠雪耳猴頭菇沙參麥冬百合圓肉煲雞湯 (滋陰潤燥)
Chicken Soup with Fish maw, White fungus, Monkey head mushroom, ophiopogon root, sha seng and longan
- B. 瑤柱螺片竹蔗栗子粟米甘筒雪梨西施骨煲豬展 (清心潤燥)
Pork bone soup with dried scallop, sliced whelk, sugar cane, corn, chestnut, carrot and pear.

Sep26
TUESDAY

1. 香草蒜茸雞扒飯 Chicken fillet with Garlic and Vanilla topping
2. 鑊江豬軟骨配菜飯 Rice mixed with Vegetable top with Pork soft bone in Sweet and sour vinegar sauce
3. 干炒瑞士汁雞絲河 Stir-fry rice noodle with sweets sliced chicken
4. 茶樹菇蓮藕蒸肉餅飯 Steamed minced pork patty with tea plant mushroom and lotus

- A. 象拔蚌鮑片瑤柱椰子雪耳杞子紅棗煲竹絲雞 (潤肺養顏)
Chicken Soup with Fish maw, Dried Scallop, sliced abalone, chinese ham and fungus
- B. 燕窩銀耳杏汁海底椰冰糖燉鮮奶 (養血美肌)
Steam Milk with Bird nest, Coconut juice, sea coconut

Sep27
WEDNESDAY

1. 節瓜冬菇炆雞柳飯 Sliced chicken cooked with Hairy Gourd and Mushroom
2. 香茅豬軟骨配菜飯 Fry Pork Chop with Lemon Grass in Vietnam style
3. 瑤柱雞粒荷葉飯 Fried Rice with dried scallop and diced chicken in Lotus Leaf
4. 章魚雞粒蒸肉餅飯 Steamed Minced pork patty cooked with octopus and diced chicken

- A. 花膠鮑片瑤柱金華火腿竹筍圓肉雞湯燉冬瓜茸 (清熱降火)
Chicken Soup with Chinese Ham, Fish Maw, Shark Fin, dried scallop chinese ham with winter melon
- B. 鯪魚粉葛土茯苓赤小豆扁豆螺片陳皮豬展煲西施骨 (利尿去濕)
Fish soup with whelk, Puerarialobata, chan pi, red bean, thin bean, pork bones and Glabrous Greenbrier Rhizome.

Sep28
THURSDAY

1. 蟲草花杞子蒸滑雞飯 Steam chicken with Cordyceps flowers
2. 紅燒獅子頭飯 Deep Fry Meat Ball with spicy sauce
3. 叉燒豆角炒蛋配白飯 Fried egg with BBQ pork and green beans
4. 金針雲耳蒸肉餅飯 Steamed Minced pork patty with black fungus and vegetable

- A. 鮑片瑤柱黨參北芪圓肉杞子紅棗豬尾骨煲雞湯 (補氣補血)
Chicken Soup with Abalone, Dried Scallop, Pork Tail, Dong Sum, Red Date, jujube
- B. 瑤柱螺片霸王花龍皇杏無花果佛手瓜煲瘦肉湯 (潤肺清熱)
Pork soup with dried scallop sliced whelk, King spent, Fig and Chayote

Sep29
FRIDAY

1. 西檸西柚汁蜜桃雞球飯 Sliced chicken with peach in lemon and grapefruit sauce
2. 支竹紋魚柳飯 Fish steak with bean curd skin with rice
3. 雪菜肉絲炆米 Braised Vermicelli with Pickled Vegetable & Shredded Pork
4. 炸菜馬蹄蒸肉餅飯 Steam Minced Pork Patty with water chestnut and fried vegetable

國慶節翌日假期


Oct2
MONDAY

The day following National Day

- A. 花膠鮑片杜仲栗子甘筒粟米紅腰豆陳皮煲雞湯 (強腰補腎)
Chicken soup with fish maw, sliced abalone, Eucommia, chestnut, carrot, corn, red kidney bean, dried orange peel.
- B. 瑤柱螺片赤蘘芝川貝龍利葉雪梨無花果南北杏煲鷓鴣 (清肝潤肺)
partridge soup with whelk, dried scallop, pear, ganoderma lucidum, apricot kernel, fig and Dragon's Tongue Leaf

Oct3
TUESDAY

1. 淮山杞子蒸雞飯 Steamed chicken with chinese yam and red date
2. 咸魚蓮藕煎肉餅飯 Pan fry minced pork patty with lotus and Salty fish
3. 瑤柱肉鬆蒸水蛋飯 Steam egg and Dried scallop with Minced port and mushroom
4. 北菇蒸肉餅飯 Steamed minced pork patty with mushroom

- A. 蟲草花螺頭淮山杞子紅棗陳皮紅蘿蔔煲雞湯 (補腎護肝)
Chicken Soup with dried scallop, Cordyceps flowers, red date, Wolfberries, dried orange peel and carrot
- B. 雪耳木瓜花生蓮子紅蘿蔔粟米素菜湯 (清潤美肌)  素
Vegetarian soup with snow fungus, papaya, peanuts, lotus seed, carrot and corn

Oct4
WEDNESDAY
是日十五

1. 薯仔炆雞翼飯 Chicken Wing with Potato
2. 上海排骨菜飯 Pork Rib with Vegetable mixed rice in Shanghai style
3. 鮮茄素雞粒豆腐飯 Vegetarian chicken with tofu and tomato  素
4. 咸蛋馬蹄蒸肉餅飯 Steam Minced pork patty, with salty egg

中秋節翌日假期

Oct5
THURSDAY

The day following the Chinese Mid-Autumn Festival

- A. 花膠鮑片沙蔘玉竹百合麥冬雪梨蘋果豬展煲雞湯 (清心潤燥)
Chicken Soup with Fist maw, Ophiopogon japonicus, abalone, Lilly, pear, apple and pork
- B. 金華火腿陳腎合掌瓜無花果茶樹菇黃豆煲西施骨湯 (保健消化)
Pork Shank soup with Chinese Ham, duck kidney, tea mushroom, yellow bean fig, cucumber

Oct6
FRIDAY

1. 越式香茅雞扒飯 chicken fillet lemon grass in Vietnamese Style
2. 冬菇肉絲炆節瓜飯 Sliced Pork Chop with Mushroom and Hairy Gourd
3. 魚香茄子肉絲飯 Eggplant cooked with salted fish and sliced pork
4. 土魷蓮藕蒸肉餅飯 Steam minced pork patty with squid and water chestnut